



The Sustainable World Project

Get a Life You Love => Get a World You Love

A project with the potential to solve all local, regional,
national and global problems creating a world
which works for all people by the year 2050

Young World Leader Training 2019

info@SustainableWorldProject.com

www.SustainableWorldProject.com

www.YoungWorldLeader.info



**Are you one of the 9000
Young World Leaders
who will co-create a
world which works for
all by the year 2050?**

Table of Contents

1 YOUNG WORLD LEADER PROGRAM.....	4
1.1 Introduction of the Young World Leader Program.....	4
1.2 the Need.....	4
1.3 Solution.....	5
1.4 Branding.....	6
1.5 Vision and Mission.....	7
1.6 The 4 Elements of the Young World Leader Program.....	7
1.7 Objective of the Camps and the Training.....	8
1.8 Paradigm Shifts.....	8
1.9 Program Information.....	9
1.10 Benefits for the Young World Leaders.....	10
1.11 The Location.....	11
1.12 The Big Hall.....	12
1.13 The High Terrace.....	13
1.14 The Meditation Hall.....	14
1.15 The Movie and Documentary Dorm Room.....	15
1.16 Meet some of our Young World Leaders.....	16
1.17 After the training – Launching THRIVE Empowerment Centers.....	19
1.18 Primary Leaders.....	20
1.19 The 9 Different Programs.....	21
1.19.1 Transformational Interactive Dialogues.....	21
1.19.2 Rhythmic Movement Program.....	22
1.19.3 A Vocal Expression Program.....	23
1.19.4 Healing Program.....	24
1.19.5 Wellbeing Program.....	25
1.19.6 Spirituality Program.....	26
1.19.7 Awakening Program.....	27
1.19.8 Reconnecting with Earth Program.....	28
1.20 A Few of the Topics in our 9 Programs.....	29
1.21 Future Young World Leader Empowerment Camps.....	31
1.22 Future Young World Leader Empowerment Platform.....	32
1.23 Future 2022.....	33
1.24 Future Vision Young World Leader Program.....	33
1.25 Young World Leader Profile.....	34
1.26 Higher Consciousness Self Selection and Financial Support.....	35
1.27 Planned Young World Leader Empowerment Camps.....	36
1.28 Cost of the Primary Leader Training.....	36
1.29 Online Fund Raising Sessions.....	36
1.30 Register for the Camp.....	38
1.31 Check list.....	38
1.32 What do you need to bring to the Camp?.....	39
1.33 More Information.....	39
2 CONTACT US.....	40

1 Young World Leader Program

1.1 Introduction of the Young World Leader Program

Being a Young World Leader has nothing to do with age. If you are above 30 you can still join. We will call just you a Core Team Member.

The Young World Leader Program will instill higher consciousness values and skills through participation in online and offline local, domestic and international interactive events using guided dialogues and healing sessions designed to transcend the Egoic conditioned mind. These sessions will lead to unprecedented experiences of unity consciousness in a critical mass of 9000 young people. Unity Consciousness means that I am aware in the moment of now, that all is connected to all. I am aware of the ultimate truth of oneness. When I am aware that all is one or in other words that all is me, then I will refrain from communication and action that violates others or the environment as I have realized it is violating myself.

These 9000 young people will bring the same unprecedented experiences to a participating audience of millions of people. As all consciousness is connected these experiences will bring forth new thoughts and new ways of being in the collective consciousness of humanity. This will lead towards new ways of communication, new types of action and new ways of collaboration. These new ways of collaboration will lead to a world that works for all by the year 2050.

1.2 the Need

What is the Need

Billions of people are suffering on a daily base. Humanity needs to be assisted to overcome this suffering. Humanity needs to be assisted to move from a young, immature violent species, fighting and competing for survival, to an awakened higher consciousness society, thriving in abundance for all beings.





Why is there a Need

The world is currently in a phase where chaos, violence and suffering is waking up humanity. Technology has evolved faster than consciousness and has brought our world at the brink of destruction. As humanity awakens to unity consciousness worldwide there is an urgent need for higher consciousness programs. These programs will avoid further, possible severe, consequences coming from old egoic mindsets and will assist humanity to a new golden age.

What is the Problem that Creates the Need

The frequencies at which the human brain operates (i.e. the wavelength of our neural oscillations) have long been categorized by the scientific world into four different categories: Alpha, Beta, Theta & Delta. The Beta frequency range is what we call lower egoic consciousness. This state of Beta is the default state of mind for most people most of the time. The judgment, which comes automatically and frequently in this state of mind, brings an almost continuous, often subconscious experience of separation and suffering. The ongoing identification with painful, negative thoughts leads to unconscious violent communication and action. This is as well to ourselves, as to each other, as to our environment. It causes tremendous suffering for billions of people. It causes a world which does **not** work for all. **The lower egoic consciousness or state of Beta is the root cause of all problems in our world.**

1.3 Solution

The solution to the problem is to shift the global collective consciousness from lower egoic levels to higher levels where we experience unity consciousness. For this to happen we need to slow down the mind from the default state of Beta to Alpha, Theta or Delta.

ALL suffering for ALL people can be brought to an end by bringing the minds of a critical mass of the world's population to the state of Alpha. Alpha is a state of higher consciousness. In Alpha people automatically reclaim their power through recognition of their inherent connection to all



that is. If one is connected to all that is, then one can influence all and therefore heal all and solve all. The scientifically proven 'extended Maharishi effect' tells us that 9000 minds in Alpha will impact all minds worldwide. This way we change the collective mindset off all people in our world. This will change everything!

Our Young World Leader Program has therefore been carefully designed, to unite 9000 Young World Leaders and create a critical mass of 9000 young minds in the state of Alpha. We will cause a sustainable shift in their consciousness and the collective consciousness in two ways:

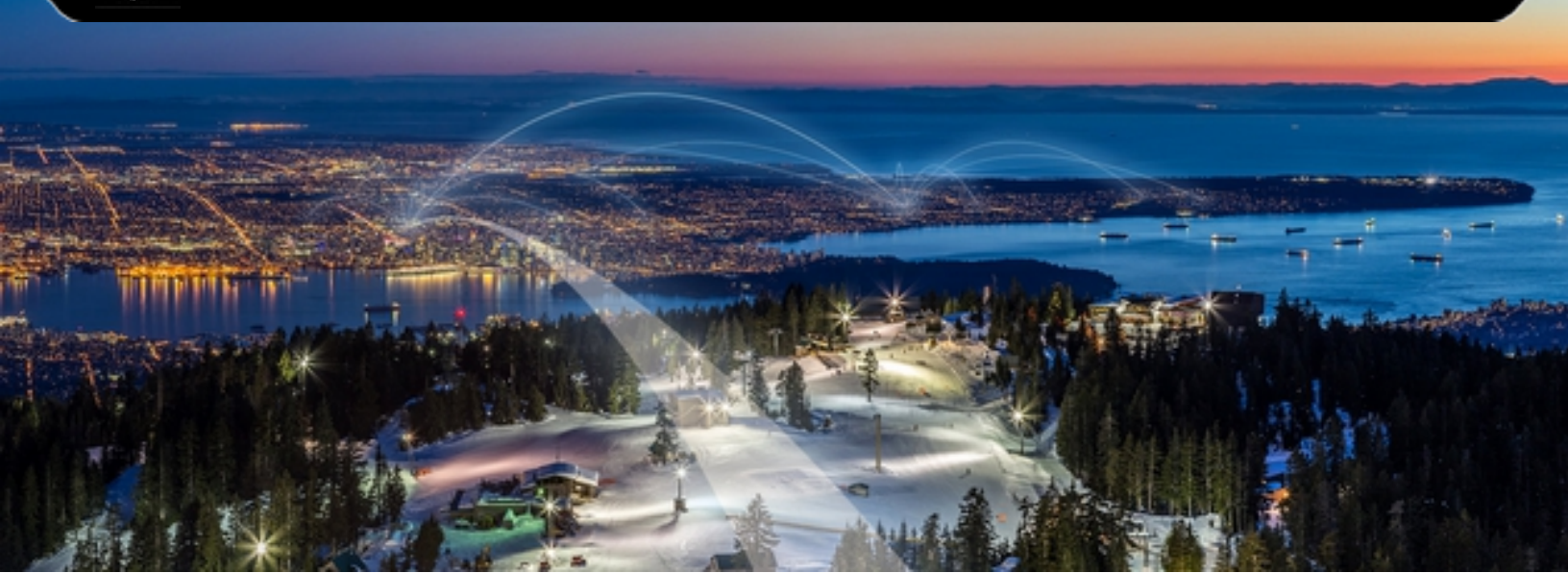
1. Tangible: Through facilitating shared activities on our Empowerment Platform, 9000 Young World Leaders will impact the consciousness of millions of people on thousands of locations. Read Vision 2020 to get a clear picture of how this will look.
<http://www.sustainableworldproject.com/downloads/Vision2020.pdf>
2. Intangible: The moment that we have 9000 Young World Leaders experience a higher consciousness, (Alpha, Theta or Delta) then it will impact the collective consciousness as all consciousness is connected as one. This means that all people here on earth will instantaneously start experiencing a new quality of life. This is scientifically proven and known as the extended Maharishi effect. For more information about the Extended Maharishi Effect, take a look at chapter 2 'More Information'.

1.4 Branding

The Young World Leader Program is an initiative of the Sustainable World Project. The Young World Leader Program embraces:

1. the Young World Leader Empowerment Platform
2. the Young World Leader Empowerment Camps
3. the Young World Leader THRIVE Empowerment Centers
4. the Primary Leader Training





1.5 Vision and Mission

Our vision is to create a world that works for all people by the year 2050. Our mission is to organize highly participative, authentic, empowering, interactive online and offline live community events where through participation in shared activities we connect the hearts of millions of people from all countries worldwide. A core team of 20 co-creators and 50 Primary Leaders will teach a critical mass of 9000 young change makers from all countries worldwide how to bring their minds to a state of Alpha. These Young World Leaders will connect thousands of locations with millions of people through audio and video and bring the minds of our participating audience to a state of Alpha. This will cause a sustainable shift in the collective consciousness. To get a more specific feel of the vision read

<http://www.sustainableworldproject.com/downloads/Vision%202024.pdf>

1.6 The 4 Elements of the Young World Leader Program

To support the transition to a sustainable world we are planning the following four elements:

1. An online Empowerment Platform hosting different interactive events with different activities to empower the Young World Leaders and a worldwide participating audience.
2. The start of THRIVE Empowerment Centers (governed by the Young World Leaders) as a structure to sustain and expand the learning after the camp.
3. Young World Leader Training for the Primary Leaders in Bangalore, India
4. 19-six week long-Young World Leader Empowerment Camps to cause a sustainable shift in the consciousness of 9000 young people.



1.7 Objective of the Camps and the Training

By the end of the camp or the training ALL participants:

1. will experience a sustainable shift in their consciousness; they will experience a completely new quality of life; they will have seen a glimpse of the potential they have.
2. will have the confidence that together we CAN and WILL create a world which works for all by the year 2050.
3. will have new higher consciousness leadership and communication skills with the potential to manifest as well their personal goals as their society goals.
4. who are selecting themselves can engage in the process of becoming Young World Leaders working in full time paid positions to create a sustainable world

1.8 Paradigm Shifts

From

Selfish context

(what works for me)

Authority

Scarcity

Fear

Egoic Consciousness

(thought of separation)

To

Context of Oneness

(what works for all involved)

Equality

Abundance

Love

Unity Consciousness

(presence of oneness)



1.9 Program Information

The Young World Leader Program embraces 9 programs for radical transformation.

1. Transformational Interactive Dialogues to Awaken the Young World Leader Inside.
2. A Rhythmic Movement program to generate Gender Comfort and Equality.
3. A Vocal Expression Program to generate Unprecedented Joy, Self Expression and Confidence.
4. A Healing Program to generate Acceptance and Peace of Mind.
5. A Wellbeing Program to generate Stamina and Physical Strength.
6. A Spirituality Program (breathing, chanting and meditation) to Instill Higher Consciousness Values and Skills.
7. An Awakening Program using Movies and Documentaries to let the Young World Leaders know what has been happening and what is happening in our world.
8. A Reconnect with Earth Program where mindful bare feet walking, exercise and games restore our connection with earth.
9. A Projects Program to create a Sustainable World for All People.

Watch a short video on what Saba Nurye Abera has learned in the pilot project we did for one year in 2017 - https://www.youtube.com/watch?v=4gJdBMgK_js

Get a deeper understanding by watching the full video about our 9 programs for radical transformation - <https://www.youtube.com/watch?v=1F-SNZaWt0A>



1.10 Benefits for the Young World Leaders

Overall Benefits

Unprecedented experiences of unity for all the camp participants. Depending on the amount of participants and the power of our program we will cause an initial or larger shift in the collective consciousness. In other words: unprecedented experiences of Love, Joy, Peace of Mind and Oneness for ALL people.

Six Specific Benefits of Being in a State of Higher Consciousness

When we shift to a higher consciousness, brain activity reduces. The state of mind will shift from Beta to Alpha, Theta or Delta. This will:

1. Release stress and promote a lasting and substantial reduction in people prone to violence and/or states of anxiety.
2. Facilitate a deep physical relaxation and mental clarity.
3. Increase verbal ability and also the performance IQ.
4. Better synchronize the two hemispheres of the brain.
5. Recall mental images live and spontaneous imaginative and creative thinking.
6. Reduce pain and suffering, promote euphoria and stimulate the release of endorphins.

Skills which will be Improved

The following skills will be strengthened in the consciousness of the Young World Leaders.

1. Social Skills
2. Leadership & Communication Skills
3. Critical Thinking Skills
4. Complex Problem Solving Skills
5. Non Judgmental Listening Skills
6. Decision Making Skills
7. Observation Skills
8. Conflict Management Skills
9. Reflection Skills
10. Enrollment and Registration Skills
11. Creating your Being Skills
12. Granting Being Skills
13. Visualization and Manifestation Skills

Values which will be strengthened

The following key values will be strengthened in the consciousness of the Young World Leaders. Acceptance, Authenticity, Compassion, Commitment, Courage, Faith, Initiative, Joy, Peace of mind, Playfulness and Self esteem. To see the full list of all 134 values which will be strengthened in the consciousness of the Young World Leaders please download:

http://www.sustainableworldproject.com/downloads/Values_YWLP.pdf



1.11 The Location

Embraced by beautiful nature Fireflies Intercultural Center is the perfect place for transformational programs. A welcoming heart centered staff, a cost effective location and low impact on the environment were our key criteria in choosing this location.

Fireflies is just South of the city of Bangalore where the convenience of good internet and facilities are enhanced by the bliss of a quiet and natural setting. Welcome to Incredible India!





1.12 The Big Hall

For a great energy flow we prefer open locations for our activities. Early mornings we come to the Big Hall for the Wellbeing Program. Some of the evenings we dress up, go to the Big Hall and participate in the Rhythmic Movement Program. Here we learn how dancing can unite humanity.

On the last Sunday in our 6 week long camp we will use this location to host our Camp Celebration. Together we co-create this joyful event. The local Young World Leaders can invite their friends and family. The only objective is to be together. Nowhere to go and nothing to do! It is on this evening that we simply celebrate the diversity in our world.



1.13 The High Terrace

For dialogue, singing, chanting, breathing and meditation the 'High Terrace' is our favorite. We find this location on top of the Movie and Documentary Dorm Room. Visualize many pillows, young people from all over the world and a space filled with love and joy. Have you already packed your bags?



1.14 The Meditation Hall

Simply being in this location you will understand the meaning of the word 'Sacred'. In the shade under the trees we find a location to cause a cool mind. Meditation, breathing and chanting will bring your mind to Alpha. This will give you unprecedented experiences. You will remember who you truly are. A tremendous power will fill your heart and turn the spark for transforming our world into a life long fire. You can be one out of the 9000 youth who causes a world filled with peace and abundance for ALL.



1.15 The Movie and Documentary Dorm Room

Some of the evenings we will wear our pajamas and find ourselves inspired watching awakening movies and documentaries. Do you want to find out what is really going on in our world? Do you know we are on the verge of a new golden age for humanity? Do you know you can play a crucial role in bringing this golden age?

In this building we will also host our online interactive events. A video conferencing setup and fast internet connection will ensure that we can have real time interaction with other Young World Leaders around the world.





1.16 Meet some of our Young World Leaders

Meet Mahoro Oliver, 28 years old from Kigali, Rwanda. Mahoro is the first Primary Continent Leader for Africa. Are you interested to become a Primary Leader for your country or continent?

Mahoro is part of the Young World Leader Program since January 2018. She is standing up for all people in the continent of Africa to live a life they love. To fulfill on her mission Mahoro has decided to come to Bangalore to train herself. This is her message to you:

My name is Oliver Mahoro. I am 28 years old. I live in Kigali, Rwanda, Africa. In the Young World Leader Program, I am a Primary Continent Leader for Africa. My mission is to inspire a total of 4.000 Young World Leaders by October 2024. They all go out in their countries to launch fun filled events. Worldwide fun filled interactive events will touch humanity. Imagine each and every person in our world experiencing hope and joy on a daily base. How will this impact their thoughts and feelings? How will this impact their communications and actions? We believe this mission will contribute to the transformation of our world. My name is Oliver Mahoro and my vision is a world where people smile happily each and every day of their life! Join us!





VARSHINI, BANGALORE, INDIA

Hi, my name is Varshini. I am 18 years old and I was in the first batch of the pilot project for the Young World Leader Program in 2014. I want to make the world a better place by changing the way we interact with others. I want to change the world by creating thoughts and actions of love at a whole new level.

Shelter is a basic need that is unfortunately denied to many human beings. Here is how we are going to address this. We are going to create mobile homes for each and every person that needs shelter. The homes will be made of sustainable materials and will integrate into the environment seamlessly. It is our commitment that in the year 2025 every homeless person in Bangalore has a home they can call their own. This home will be sustainable, comfortable and movable.

Through this project we WILL also inspire 5000 people in India who will join hands in making these homes available in all other cities. By the year 2030 everybody in India will have a home. As all of us are strengthening our faith in this movement, we will inspire the world and I commit that all people worldwide will have a home they can call their own by the year 2035. Now let's start making these beautiful and happy homes! Who is with me?





YONGO, KITALE, KENYA

Yongo from Kitale, Kenya: "You have only two options in life. You can be the person who is making positive change or you can be the person who supports the one who is making positive change. The rest is madness!"

Yongo smiles and continues: "I am 23 and I am fascinated with nature and sustainable development. I'm committed to create change by inspiring people to get passionately involved with taking care of our earth and our people. In Western Kenya we have inspired hundreds of youth to use permaculture to change their communities!"

It began like this. A small plot of land. The Power of Permaculture and an organic community garden was feeding the bellies and minds of 200 local people, sustaining their lives, enhancing their skills and giving them a purpose.

Yongo single handedly avoided many youth turning to gangs, drugs and prostitution. Yongo: "Permaculture is not just a way to feed people. It has the ability to bring people together and create peace, not just between tribal members but also within individuals themselves. "





1.17 After the training – Launching THRIVE Empowerment Centers

During your training we will prepare you for launching your THRIVE Empowerment Center (TEC) at your home town. For those of you who want to get even more value you can opt to stay longer and experience our THRIVE Empowerment Center (see pic), which is another training location we use for smaller groups. This location also belongs to Fireflies Ashram.

Following the training, the Young World Leaders return to their home communities, where they are guided to establish THRIVE Empowerment Centers to sustain and spread the work to the local communities and the world at large.

THRIVE Empowerment Centers are places where members of communities come to empower and enable themselves. At a THRIVE Empowerment Center you can meet your fellow Young World Leaders. The Young World Leaders will support their local communities to discover oneself and one's purpose.

We have observed that when people find their purpose – their authentic self-expression – people become happy and contributing members of society, playing an active role in the advancement of themselves and their communities. When enough people do this, it will lead to a world which works for ALL. Every TEC will be connected to our Empowerment Platform where worldwide exposure will empower all involved.

1.18 Primary Leaders

Around 1000 Young World Leaders will be trained to be Country Leaders. Fifty Young World Leaders will be trained to become Primary Continent Leaders. The Primary Leaders will be invited to join all the Young World Leader Empowerment Camps. This will transform them into very powerful youth leaders. Their leadership skills will not only reflect on the local communities around them but will change the quality of life of the people in their country, continent and world.

Initially we are looking out for 50 Primary Continent Leaders. For every of the following 10 continents we will have 5 leaders. In the years to come 5 out of the 50 Primary Continent Leaders will self select themselves by their extraordinary commitment. They will become the 5 Primary World Leaders.

- | | |
|-------------------------|--------------------------|
| 1. Team Asia West | 2. Team Africa |
| 3. Team Asia East | 4. Team North America |
| 5. Team South America | 6. Team Middle East |
| 7. Team Europe | 8. Team Pacific |
| 9. Team Central America | 10. Team Asia South East |





1.19 The 9 Different Programs

1.19.1 Transformational Interactive Dialogues

In this program we will work through Workbook 1 'Power over your Past' and Workbook 2 'Power over your Future'. Parallel we will start reading our 'Game Plan'. The 'Game Plan' is the result of the 19 year pursuit of Camp Leader Richard Alexander to create a sustainable world. This document lays out a very simple and doable plan to change the world. It only requires 9000 young people.

The first workbook represents the past. Through funny and inspiring real life stories Richard will share about his past and what he has learned in life. He gives you insights and assignments to assist you with your life. Inside authentically sharing his life, his commitment is to build a strong relationship with the Young World Leaders. His intention is to bring forgiveness, acceptance, love and laughter to the past. His commitment is, that as he accepts his past, you can do the same for your past. His commitment is, that as he forgives himself for all his 'mistakes' and there were plenty, that you can do the same. His commitment is that as he has a good laugh about his past, that you can do the same with your past. This will leave the past behind us as through unconditional acceptance we will have released it from our sub-consciousness.

The second workbook will represent the future. We see how the young World Leader Program brings a new experience of quality of life to the world. Our intention is to share a vision of the future and inspire people into finding their vision for our world. When worry about the past and anxiety towards the future is taken away, then the mindset changes back to Alpha, leaving people being present in the 'Here & Now'. This is a place of tremendous power.

Some of these sessions, we will do while being online connected to young people from around the world. Five years after the first camp we will have these sessions with millions of people on thousands of locations. Are you ready to have **life altering insights** which will not only transform your life, but will also give you the power to help transform our planet?



1.19.2 Rhythmic Movement Program

Experience the many different flavours of joy in rhythmic movement. We use couple dance to create more gender comfort and equality in our world. Not only will we teach you dance, but we will teach you how to teach others. We will teach you how to make people feel safe and comfortable around you. A Young World Leader is able to magnetize other people, build very powerful relationships and inspire people to be the best they can be. Dance is a very powerful tool to bring unity consciousness to our world.

Together with Young World Leaders from all the different continents we will co-create 2 new dances for humanity. The Sustainable World Tap Step and the Sustainable World Cha Cha. Are you ready to find your creativity unleashed in this life changing camp? Are you ready to connect humanity through dance?

The 50 Primary Leaders will start co-creating what we call 'the Shanghai Act'. This is a program we will present to the world in the year 2026, when we have our largest camp in Shanghai. This program will use dance, music, song, drama, floor screens, background screens, 3D hologram and more to inspire 80 million people in a worldwide interactive event. This program will tell people the story of what has happened in the world and how the Young World Leader program can make a tremendous contribution to reduce the suffering of humanity.



1.19.3 A Vocal Expression Program

Through song, we aim to reach a state of joy you have never ever experienced before. This program is not about singing correct or singing beautiful. It is about you expressing yourself fully. If you can give yourself fully in a song, then you can give yourself fully to life. This will enhance your leadership skills and give you access to not only transforming your entire life but also transforming the life of many other Young World Leaders and the world at large.

Together with Young World Leaders from all the different continents we will co-create our Sustainable World Song. A song by Young World Leaders united from all countries. A song so powerful that it will shift your consciousness and it will shift the collective consciousness! Are you ready to find a new power, freedom and self expression you have never ever experienced before?

1.19.4 Healing Program

We use dialogue, healing and massage techniques for stress reduction and deep relaxation. It allows everyone to tap into the unlimited source of 'life energy'. This program will release stress, improve health and increase the overall quality of life. This program supports you to transcend egoic consciousness and experience unity consciousness. Our miracle healing session is the most powerful session of the entire Young World Leader Program. These miracle healing sessions will be used to transform the collective mindset and therefore our world. Are you ready to experience a love, joy and peace of mind you never ever had before? Are you ready to be a co-creator of a sustainable world? Are you ready to fall in love with all that is in life?

Unconditional Touch combined with powerful dialogues at 1.30 local sidereal time will transform the collective consciousness. Learn about James P. Spottiswoode. He provides scientific evidence showing how you can align with the center of the galaxy around 1.30 local sidereal time (LST) in order to boost your own consciousness and psychic abilities with aprox. 400%. Our miracle healing will bring 750 Young World Leaders into a meditative state. Being in a meditative state in a Pyramid makes your impact on the collective consciousness 3 times more powerful than being in a meditative state at a regular location. If we use our miracle healing program to bring our Young World Leaders to a meditative state in a pyramid at 1:30 pm local Sidereal time we will enhance our effect on the collective consciousness as much as 12 times. Now we only need 750 people to impact the minds of each and every human being on our planet!

The Young World Leader Empowerment Camp is filled with cutting edge science and spirituality. You mastering that will make you very powerful. It will make you so powerful that just 750 Young World Leaders CAN change the world. Are you one of them?





1.19.5 Wellbeing Program

Our Soul Aerobics Program has music up to a 150 Beats per Minute and a super exiting choreography. The program will dare you to go beyond your current limitations in your workout. As you build this habit in your workout it will reflect on your life, your communities and our world.

Together with Young World Leaders from all the different continents we will co-create the Sustainable World Unity Step. It will be an aerobics program choreographed by all the Young World Leaders together. The music will be a mix of all the Young World Leaders favorite music. It will contain music from all the different countries worldwide. This program will be so powerful that it will inspire a participating audience to join. Together we will Step into Unity.

Are you ready to learn how to tap into the power of the universe? Are you ready to discover that you can achieve ANYTHING your mind can conceive?





1.19.6 Spirituality Program

Breathing techniques, chanting, meditation and visualization will start generating an unprecedented peace of mind. This peace of mind comes when we shift our minds from a state of Beta to a state of Alpha. When the mind is in Alpha, it is connected to all there is and we can manifest miracles in our lives. Are you ready to manifest miracles? Are you worthy of miracles? Are you worthy of a Sustainable World? We think you are!

Our first camp starts with 50 participants. By the time we all fly to Shanghai, China we will be ready to co-host a camp with 1800 youth. Can you imagine the power of 1800 people meditating? Well, then imagine meditating online with millions of others. What will be the impact in the world when millions will experience a love, joy and peace of mind like never before?

When these millions of people step back into their lives something is different. They are grounded in unity consciousness. Where ever they go, who ever they talk to, these millions of people will bring love, joy and peace of mind into all their local communities. They will think different. They will talk different and they will act different. Their communities will be amazed. The world will unite and collaborate in creating a sustainable world; a world that works for all people. Are you one out of the 9000 Young World Leaders causing this?



1.19.7 Awakening Program

In this program we use movies, books and documentaries to create a shift in awareness. You will be inspired by observing many extraordinary role models. You will realize that you have the same potential. Through mind boggling documentaries you will start understanding what is truly going on in our world. Once you understand at a deeper level why we are not thriving, you start to gain access to creating solutions which can manifest a thriving world. This will lead to a tremendous increase in your personal power.

Some of the movies and documentaries will be watched simultaneously with other Young World Leaders from around the globe. While we watch we will pause, share and reflect on what we are observing. When the movie has finished we all share worldwide what value it has brought to us. This will create a bonding and a value impact beyond you can imagine now. Are you ready to awaken the Young World Leader in you? Are you ready to embrace differences and unite with 9000 Young World Leaders? Are you ready to claim your power and co-create a world which works for all people?



1.19.8 Reconnecting with Earth Program

Just after sunrise and just before sunset we will do mindful walking and settle down in beautiful nature. We will take off our shoes and reconnect with our earth. Being present to mother Earth we will engage into interactive games, guided meditations, exercise and more.

We have 12 interactive games which will instill very powerful higher consciousness values like trust, faith, surrender, transparency, inclusion, love, unity, joy, peace of mind and more.

As our awareness expands we will be able to explain to others how we all have been a partner in unconsciously polluting our mother earth. Our communities understanding this and acting on this will start restoring our environment. All of us will stand together for a sustainable world.

The 12 Interactive Games

On Camera - Ten Times More - The Jolly Joker - Dress for Success
Guiding the blind - Catch Me - Find Me - Seducing our Senses
Like, Don't Like, Empower, Forgive & Gratitude
Scold, Turn up the Volume, Apologize & Express Love
SWP Team Game - Camp Completion



1.20 A Few of the Topics in our 9 Programs

1. Breathing - Inspiration for the Future
2. Enrichment through Diversity
3. Speaking in Public
4. What is Success?
5. Money and Scarcity
6. The Conditioned Mind
7. Stress
8. Goal Setting
9. Managing Relationships
10. Effective Communication
11. Integrity and Honesty
12. Wealth and Health
13. Using Authority or Inspiration
14. What works for me versus what works for all
15. Choosing a Job versus Pursuing your Passion
16. Being Assertive
17. Creating a Vision



18. Time Management
19. Dare to be Unique
20. In Front of the Crowd or Following the Crowd
21. Incredible Interview Skills
22. Being on Camera
23. Freedom, Responsibility and Consequences
24. How to Lead
25. How to start a Successful Business
26. Self Value => You have a Unique Contribution for our World
27. Thinking out of the Box
28. Discussion versus Dialogue
29. Faith, Surrender and Trust
30. How your Identity Sabotages your Goals
31. Ego versus Self – Non Judgmental Listening
32. How to Dress as a Successful Leader
33. How to Take Care of your Body
34. Respecting someone's Process leads to Self Value
35. Communicate your Intentions
36. Beware of your Expectations
37. Gratitude => Learn How Appreciation Attracts Support
38. Money follows Passion
39. A Small Team can Change the World
40. Being Extraordinary. Exceed your Customers Expectation
41. Being Unstoppable
42. Your Being Speaks Louder than your Words
43. Do you Know your Purpose
44. Before Anything gets done You Need to Know Who You Are
45. Concentration and Focus
46. Being Present in the Moment
47. Meditation for a Powerful Mind
48. Love, Joy and Peace of Mind => We all want the Same



1.21 Future Young World Leader Empowerment Camps

Using tent modules and dance floor tiles to create any size of what we want. Optional top coverage so we can deal with any kind of weather. A possible setup for the last Sunday celebration in a smaller camp.





1.22 Future Young World Leader Empowerment Platform

When we start doing the larger camps from 2021 onwards we will connect with our Participating Audience all around the world. Using stadiums equipped with large inflatable air-screens we will connect the hearts of millions of people around the world. Imagine how the world will change when millions of people experience love, joy and peace of mind on a daily base.





1.23 Future 2022

During our camp in Shanghai we will facilitate a mass meditation by night with 1800 Young World Leaders guiding 50.000 people in the stadium and 3 million people participating audience online.

1.24 Future Vision Young World Leader Program

1. To get a feel of the vision and the journey of Richard Alexander, the founder of the Sustainable World Project and Author of the Young World Leader Program, take a look at this 10 minute video. https://www.youtube.com/watch?v=Fy_aYHkv6vg
2. To get a more detailed understanding of how the worldwide interactive empowerment events will look like please read the PDF with our vision for the year 2024. <http://www.sustainableworldproject.com/downloads/Vision%202024.pdf>





1.25 Young World Leader Profile

You are: English Speaking, 10-29 years old, access to a fast internet connection, active, creative, rich in initiative, open minded, eager to learn, eager to change the world, ready to travel and learn new languages, interested in becoming a full time change maker, ready to embrace differences (country, culture, religion, etc.), wanting to be at service, ready to spend **all** time up to the year 2050 to change the world, a child of awakened, active and supportive parents who preferably respect your free will.

As a Young World Leader you can develop yourself further and become a Country Leader, Primary Continent Leader or a Primary World Leader.

If you want to get married very soon and have a baby, then you might not be the best candidate. If money, a fancy house and a cool car are your top 3 priorities, then you might not be the best candidate.

If you are 30 and above you can opt to become a Core Team Member.



1.26 Higher Consciousness Self Selection and Financial Support

The selection of a participant for the Young World Leader Empowerment Camp is based on the higher consciousness values of: process, co-creation, inclusion, trust, transparency, leadership, equality in opportunity and abundance of opportunity.

Any young person from 10 to 29 can join our camp. Financial empowerment to raise money to join the camp can be given. You can ask any Primary Continent Leader to add you to the 'Fund Raising Miracle Team'. Here we facilitate online sessions to cause financial miracles. Together we will make sure that all truly committed youth can join a camp and become one out of the 9000 youth who will transform our world by the year 2050.

In the camp we will share our plan for creating a paid position for all Young World Leaders. This will be done by uniting all camp participants as one. Next, all camp participants will focus on causing passive income for one camp participant. When this is done we move to the next one. You will be amazed at the power of unity consciousness and the miracles it can cause.

As a group we will stand for all Young World Leaders to live a life they love. Together we will cause a world we love and together we sustain ourselves financially as one family. Welcome to your new worldwide family.



1.27 Planned Young World Leader Empowerment Camps

We have planned 4 smaller pilots of the Young World Leader Empowerment Camps to unite our 50 Primary Continent Leaders. After these pilots we will start the 11 Six-Week Long Young World Leader Empowerment Camps with up to 1800 participants.

1.28 Cost of the Primary Leader Training

The preliminary cost for the Primary Leader Training is determined together and depends on your family situation and which country you hailed from.

1.29 Online Fund Raising Sessions

As we are committed to provide equality in opportunity we have fund raising sessions where we all support each other to come to the camp. Who pays what is not important! We want you to join the camp so together we can change the world!



Preparation for Selection

The Young World Leader Program will train you to attain higher-consciousness values and skills – offering you the opportunity to become a true Young World Leader realising your full potential. The program begins with Primary Leader Training or a 6 week Young World Leader Empowerment Camp. In this training you will discover how powerful and valuable you truly are and you will learn the most cutting edge higher consciousness communication and leadership skills. In this training you will make new life long worldwide friends. In this training you will enjoy the best time of your life. In this training you will be empowered to become one of the 9000 Young World Leaders who will dedicate their lives for a better tomorrow.

During and after the training all of you can connect with all the other Young World Leaders through our online Young World Leader Empowerment Platform. After the training the Young World Leaders coming from the same city will be empowered to initiate their own THRIVE Empowerment Center in their local region. At this center you will empower and enable your local communities in the higher-consciousness values and skills you now possess and together we **WILL** create a sustainable world. A sustainable world that works for all by the year 2050. Are you ready to give your life to that?

Please write us a letter where you address the following 12 questions.

Questions

1. *Are you truly committed? What makes you unstoppable? What excuses do you make when we tell you to come? (I have no money. I have no time. I have to ask my parents. I have to work. I have to study. I have to ask my partner) We understand you might need some time to work things out, but are you committed to do so and how fast! Have some good solutions in place and tell us your plan!*
2. *Are you a loving person? In what ways are you kind, compassionate and non-judgmental?*
3. *How brave are you? When have you stood up for something or someone?*
4. *Are you open minded? Why are you eager to learn and practice new skills?*
5. *Do you contribute positively to society? What meaningful contributions have you made to your community?*
6. *Are you courageous? How do you put the wellbeing of others over your own personal survival?*
7. *Are you willing to give all of yourself to change the world? All you possess? All your time? Your entire life? Why?*
8. *Do you have supportive parents? Are they ready to let you spend ALL your time on making a difference in our world? Do they honour and respect your free will or are you strong enough to stand up for yourself?*
9. *Why do you want to join our program and why should we select you?*
10. *What specific goals would you like to achieve by the year 2020, 2030 and 2050?*
11. *What are your hobbies?*
12. *Are you employed or still studying? What is the time commitment you can give us now and in the years to come to 2050?*



1.30 Register for the Camp

1. Join our official WhatsApp group. Here everything will be explained.
2. Send an email to info@sustainableworldproject.com in which you answer the 12 questions.
3. Self assess yourself by giving yourself a percentage between 0 - 100 for the 139 values in this document. Make an excel sheet and save it as we will repeat this at the ending of the camp. http://www.sustainableworldproject.com/downloads/Values_YWLP.pdf

1.31 Check list

1. Join the Fund Raiser Miracle Team for co-creating the funding for your camp. Ask Mahoro, our PCL to add you.
2. Start exercising regularly so you are in good physical condition when the camp starts.
3. Book your plane ticket in time and make sure you can change the dates.





1.32 What do you need to bring to the Camp?

1. Blindfold (scarf)
2. Walking shoes
3. Sport shoes +sport outfit (one sport outfit using black and white for a photo shoot) For the ladies if you are comfortable one outfit with shorts and only a top so your body can cool down more. Workout will be rigorous, the weather could be warm!
4. Dance shoes, one or two dance outfits + one party outfit for the celebration evening
5. Slippers
6. Comfortable open shoes
7. Pajamas or comfortable evening wear, one handkerchief, one sweater or trainings jacket
8. Outdoor walking outfit for one week
9. Toilet bag and clothes for 1 week. Sunday will be laundry day.
10. One thing you can eat and does not get spoiled. Do not eat it yet! As we need this in one of our Interactive Games! Bring one thing that smells nice, one thing that makes sound and one thing that has a shape you like.
11. Massage oil and/or body lotion.
12. If you have a music instrument that you can bring, then please do so.
13. One outfit in which you would address the world
14. Bring your favorite perfume, after shave or deo. (Besides your personal use, we will use this in an interactive game)
15. Bring your favorite music for singing and/or dancing
16. If possible bring one set of traditional formal clothing for your state and/or country
17. Bring your phone, laptop or tablet.

1.33 More Information

1. Richard Alexander is the founder of the Sustainable World Project and author of the 'Young World Leader Program'. For more info about him read his short life story - <http://www.sustainableworldproject.com/downloads/Short%20Life%20Story%20Richard%20Alexander.pdf>
2. Understand more about consciousness and the Maharishi Effect. Link 1: https://www.youtube.com/watch?v=vH7mjTynqlg&list=PL7LIbzozy_7QsbHZtEpi5EsfmZ-l4Nh8P – Link 2: <http://www.permanentpeace.org/>
Link 3: <https://www.mum.edu/about-mum/consciousness-based-education/tm-research/maharishi-effect/> Link 4: <http://purusha.org/index.html>
Link 5: <http://www.truthabouttm.org/>



2 Contact us

Young World Leader Program
Mary McBride Health Center
Dinnepalya
Kaggalipura Post
Bangalore 560085
Karnataka, India

Facebook

<https://www.facebook.com/richard.alexander.24>

<https://www.facebook.com/YoungWorldLeaderProgram>

Info

info@sustainableworldproject.com

www.YoungWorldLeader.info