



WELCOME PACK DAY 3

SUSTAINABLE WORLD PROJECT

STEP 8 TO 9 OUT OF 50



Welcome Pack Day 3

Here is a list of topics we will facilitate in your training. Are these topics that interest you?

1. Breathing – Access to Present Moment Awareness
2. Enrichment through Diversity
3. Speaking in Public
4. What is Success?
5. Money and Scarcity
6. How to Transcend the Survival Mentality
7. The Conditioned Mind
8. Stress
9. Goal Setting
10. Managing Relationships
11. Understanding Universal Love versus Romantic Love
12. Effective Non-Violent Communication
13. The old and new Paradigm in Communication
14. Integrity and Honesty
15. The 3 levels of Integrity. Honoring your word. Honoring who you are. Creating a World that Works for all People.
16. Wealth and Health
17. Using Authority or Inspiration
18. Dictatorships, Democracy and Sociocracy
19. What works for me versus what works for all
20. What is Consent – Consensus Building Skills
21. Choosing a Job versus Pursuing your Passion
22. Being Assertive
23. Being Resilient
24. How to create Inner Peace
25. What is being Self-Aware
26. Why your thoughts are not 'yours'



27. Developing the six Heart Virtues – Appreciation, Compassion, Forgiving, Understanding, Humility and Valor
28. Creating a Vision
29. Time Management – Creating Structures in Existence
30. Dare to be Unique
31. In Front of the Crowd or Following the Crowd
32. Incredible Interview Skills
33. Being on Camera
34. Freedom, Responsibility and Consequences
35. How to Lead
36. Being Playful
37. Being Genuine
38. How to be Charismatic
39. How to start a Successful Business
40. Self Value => You have a Unique Contribution for our World
41. Thinking out of the Box
42. Discussion versus Dialogue
43. Faith, Surrender and Trust
44. How to trust beyond external events
45. How your Identity Sabotages your Goals
46. Ego versus Self
47. The programmed mechanisms defining your Ego
48. How to go beyond Judgment, Denial, Projection, Resistance, Attachment, Guilt, Fear and Sacrifice
49. Non Judgmental and Empathic Listening
50. How to Dress as a Successful Leader
51. How to Take Care of your Body
52. Respecting someone's Process leads to Self Value
53. Communicate your Intentions
54. All Communication is Expression of Love or Request for Love



55. Beware of your Expectations
56. Gratitude => Learn How Appreciation Attracts Support
57. Money follows Passion
58. A Small Team can Change the World
59. Being Extraordinary. Exceed your Customers Expectation
60. Being Unstoppable
61. Your Being Speaks Louder than your Words – Non Verbal Communication
62. Do you Know your Purpose
63. Before Anything gets done You Need to Know Who You Are
64. Concentration and Focus
65. Being Present in the Moment
66. How to get Power over your Past
67. Being Complete – Safe Passage through Thought
68. How to avoid Anxiety for the Future
69. Meditation for a Powerful Mind
70. Love, Joy and Peace of Mind => We all want the Same
71. What is Power?
72. Access to Power by Understanding Consciousness
73. How to shift your Mindset to a State of Higher Consciousness
74. How to slow down your brain frequency
75. Programs for Radical Transformation
76. Egoic, Duality & Separation Consciousness
77. Heart & Unity Consciousness



50 STEPS TO BECOMING A SUSTAINABLE WORLD LEADER – STEPS 8 - 9

STEP 8

Make a new comment on our Facebook post and share the first three topics of the 77 topics of the previous pages you want to master in your training. Don't worry, we will teach you all the topics, just tell us which three you would want to learn first! End your comment with: "I completed step 8 out of 50 to become a leader in the Sustainable World Project." This is the link to the Facebook post where you can add that comment -

<https://www.facebook.com/groups/725583880829287/permalink/3223352734385710>

Pls share our pinned post on your time line on Facebook so we start inspiring more people in your community. [Link to Pinned Post](#)

STEP 9

I request you to listen to the 2 recordings about the 2 different leadership roles in the program and our 9 programs for radical transformation. We start with offering the role Primary Continent Leader and Country Leader. Later we will also offer the role of Project Leader. It will all be explained in the days and weeks to come. This is where we start today. Find a comfortable space and enjoy the continuation of your journey to a world that works for ALL people . . .

First listen to [Recording 2](#)

Make a new comment on our Facebook post and share one thing you found valuable for this recording. You can write: "I completed Step 9 out of 50. What I found valuable in the recording on the leadership roles is . . . " This is the link to the Facebook post where you can add that comment -

<https://www.facebook.com/groups/725583880829287/permalink/3223374341050216>

Then listen to [Recording 3](#)

Make a new comment on our Facebook post and share one thing you found valuable for this recording. You can write: "What I found valuable in the recording on the 9 programs for radical transformation is . . . " This is the link to the Facebook post where you can add that comment - <https://www.facebook.com/groups/725583880829287/permalink/3223376657716651>

One aspect of our training for the Sustainable World Leaders revolves around instilling 6 heart virtues of appreciation, compassion, forgiveness, humility, understanding and valor. We are committed to build a worldwide family of people who, regardless of their circumstances, operate with heart centered behavior. To express this commitment we have created an opportunity for everyday people to participate in the creation of a sustainable world. We name this worldwide family our Participating Audience.

You are now in the pre-selection of our leadership program. This is for people willing to give at least 1 hour per day towards making this world a better place. Now we ask you to invite 5



people in your life who might not have as much time as you. Take a moment to think of 5 people you are inspired by in your community. People who could have a 2 to 6 hours available on a weekly base.

Now pls invite these people to our Facebook group and ask them to read our pinned post. You can invite these 5 people to click the following link, join the group and read the pinned post. [Link to Pinned Post](#)

Make another new comment on the following Facebook post and share what was your experience inviting people in your community. You can write:

“I completed Step 9 out of 50. I have invited 5 people in my community to join our group as Participating Audience. I have asked them to read our pinned post. This made me feel . . . “

This is the link to the Facebook post where you can add that comment -

<https://www.facebook.com/groups/725583880829287/permalink/3223393964381587>

A small check: “Are you enjoying going through the Welcome Packs? Or are you doing it because you must do it? Are you relishing or resisting? Choose wisely! ;) If you don't judge the present moment. If you continuously give up that 'something is wrong' you start to get access to power. If you stop reacting to life and start creating your life you are well on your way to becoming a higher consciousness leader. Enjoy your journey!”

If you are ready with this Welcome Pack Day 3 then you can continue with Welcome Pack Day 4. If you do not yet have this PDF file then here is how you can get it.

1. You download it straight from our server by clicking the following link - [Welcome Pack Day 4](#)
2. You go to the download page of our web site and click on 'WELCOME PACK DAY 4 PRE-SELECTION PROCESS' in the section 'DOWNLOADS FOR THE LEADERS' - <http://www.sustainableworldproject.com/download.htm>
3. You ask one of our leaders to send it to you by posting: “Pls send me the Welcome Pack Day 4” in our Facebook group. This is our Facebook group link - <https://www.facebook.com/groups/725583880829287>