



WELCOME PACK PRIMARY CONTINENT LEADER

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1. Welcome Pack PCL

1. From your kick @ss intro and your Facebook role pls remove the 'in training' part. You are now officially a PCL. Example: My name is Honest Machirori. I am 34 years old and live in Harare, Zimbabwe, Africa. In the Sustainable World Project I am **in training to become** a Primary Continent Leader for Africa.

When you are ready for your training then post as well on WhatsApp as our Facebook group: "I have obtained [your role]. I am now starting my Training Preparation Pack so I can prepare myself for training." Then download your pack by clicking this link <http://www.sustainableworldproject.com/downloads/Training%20Preparation%20Pack.pdf> or by going to <http://www.sustainableworldproject.com/download.htm> and selecting the 'TRAINING PREPARATION PACK' from the 'DOWNLOADS FOR THE LEADERS'

Depending on availability of seats, visa requirements, funds, camp location and more this process could take a 3 – 12 months. We recommend you start the Training Preparation Pack the moment you get your role. Keep the momentum. Keep moving forward.

2. Daily Actions

1. It is your responsibility to empower your Coachees / Country Leaders who have chosen you. Pls setup a weekly meet or call with them. Stay in touch through chat or recordings.
2. Follow the important conversations. Do NOT follow unimportant conversations. Always be present to your top 3 priorities. Daily start with priority 1, then 2 then 3. I recommend to have your personal well being among your Priority 1 actions. Your priority 2 could revolve around actions which have to do with your immediate environment. Have workability and empowerment around you. For us at the Training Center our priority 2 revolves around having a powerful space with the leaders who are here. Doing the training programs and managing all practicals of running the center. (food, electricity, water, etc) Priority 3 could revolve around various Sustainable World Project related actions. Be present to what is truly important.
3. Daily do your inner work
4. Make welcome messages or preferable audio recordings for new members in the Selection group. If you see a Facebook group member from a new country, then give some extra encouragement.
5. Keep yourself informed on updates in the Action Pack. When you have time you can also do these daily actions. Specially connecting educational institutes will make a big contribution. This is your step 50 to creating a life long paid position for yourself.
6. If your coachee claims a role as PCL, CL or PL then use the following format.



Message when requested for a role in the Selection group

[Put the name of the leader that is claiming a role] has requested for the role of Country Leader. With the PCL's we will start the decision making process. I request all people in the group to give me final feedback. Do not only say all the 'good stuff' as then we do not give people a chance to grow in areas where they can enhance their leadership skills.

Be straightforward, but communicate with compassion and without judgment. This is not about what you like or don't like. It is about what works and what does not. Tell me specifically what qualities you appreciate, but also tell me specifically where you think this person can grow.

For me what I appreciate is - He has been committed. Breakdowns have not stopped him.

Where I see growth possible is in the area of being consistent.

Your turn, tell us at least one thing you appreciate and one thing where [name] could grow.
[end message]

If it is your coachee then get clear with your fellow PCL's how rigorous we will check this new potential PCL. If for example the PCL's jointly decide to do 5 random checks, then go to the **INTEGRITY FILE** with the 84 items of the Action Pack and pick 5 things to check. Here is the link - <https://www.facebook.com/groups/725583880829287/permalink/3476392739081707>

Then engage in communication with all PCL's. We need to come to a total consent for acceptance of a new leader. In the PCL group on WhatsApp ask: "[name] has asked to become a [requested role]. I need a personal consent of all of you. PCL's can respond: "I give my consent to [name] becoming a [requested role]. Or: "I do not give my consent. My condition is that [name] has to show for [number] month(s) the following condition [condition] When total consent is there then drop a message in the PCL group to Richard. "Richard, all PCL's have given consent for [name] to be a next [role]. Pls give your final inputs."

In case of any doubt give people more months to meet the specific requirements of our game to transform the world. People need decent communication skills as now we make them a Moderator.

We are much inspired by who you are and are on the verge of granting you the role you requested. We want to see one month where:

1. Name what specifically needs to be done 1
2. Name what specifically needs to be done 2

Message when role is granted

Congrats [name]. You are now officially the 8th [role] for [continent or country]
You can download your Welcome Pack [PCL / CL / PL] from our download page.
<http://www.sustainableworldproject.com/download.htm>



Examples

Congrats Mian. You are now officially the 1st Primary Continent Leader (PCL) for South East Asia. You can download your Welcome Pack PCL from our download page.

<http://www.sustainableworldproject.com/download.htm>

Congrats Nabasumba. You are now officially the 1st Country Leader for Uganda. You can download your Welcome Pack Country Leader from our download page.

<http://www.sustainableworldproject.com/download.htm>

Congrats Kelly. You are now officially the 1st Project Leader in Cote d'Ivoire. You can download your Welcome Pack Project Leader from our download page.

<http://www.sustainableworldproject.com/download.htm>

Make the person a Moderator if they have sufficient English written communication skills.
Add the person to our SWP Communication group.



4. Monthly Actions

1. Every month, if not started by another PCL, you initiate on the 1st the monthly INTEGRITY ASSESSMENT AND RESTORATION PROCESS by copying this message in the SWP Selection Group

STEP 1 - INTEGRITY ASSESSMENT AND RESTORATION - Everybody in this group is invited to do a self assessment. This exercise is more for YOU than for us! Take time to do this properly. When you become self aware of your strengths and weaknesses you will grow in your power as a leader. You can find ways to take responsibility for your weaknesses, you can delegate to other leaders, or make a deal where 'I do more of this and you do more of that'. Power comes through sharing. It brings self awareness.

Tell us in this group what is your assessment of your participation in the program. Talk about the following points. Be specific, be generous and be honest.

1. What is your role or what role are you in the process of claiming?
2. How many hours do you contribute daily on an average?
3. What is your contribution to the weekly session?
4. What is your contribution to the Sustainable World Project Facebook group with leaders?
5. What is your contribution to the selection group?
6. What is your contribution to creating partnerships with Educational Institutes?
7. Are you listening to the recordings? Give us an approximate percentage of how much you listen. Do you respond to recordings with your learning, experience or otherwise?
8. Are you answering comments on our pinned post?
9. Do you encourage people when they move forward in their (pre)selection process?
10. Do you acknowledge people when they share something personal?
11. If you have made the declaration that goes with a role like Primary Continent Leader, Country Leader or Project Leader, are you honoring all the points of your declaration? If not, then speak to that. Say what there is to say for you. This is only when you have claimed a role, otherwise not applicable and you can answer n.a.
12. Only if you have claimed a role (Primary Continent Leader, Country Leader or Project Leader), have you started your Training Preparation Pack? If so speak on your integrity on doing the pack, if not then share what happened, renew your commitment or communicate that right now you do not want to come for training. That is also okay! It has power to just say it as it is! Share when you will start, share what is your commitment.
13. Have you started your Monthly Sustainable World Pack on how to transform our world in 50 steps? Are you doing one pack per month? Speak on your integrity on doing these packs. If you have claimed a role and not yet started then share what happened and tell us when you will start. This is the link to the pack – [link will follow later, put n.a. for now]
14. Are you building relationships with the other leaders in this group? Do you maintain



these relationships? With how many people? Pls tell us their names.

15. Do you consider yourself to be in integrity? (Yes/No) What is the percentage of your integrity level in your participation in the program? Give a percentage between 0 and 100? (0% meaning no integrity at all and 100% meaning perfect) Stay away from the extremes. No one is at 0% or 100%.
16. Tell us your plan to increase your integrity level.
17. If you consider yourself not to be in integrity, for how long have you been out of integrity?
18. If you were your own coach what would you say to yourself on what you can improve in your participation?

Lets take 1 week for this. By [put date] I would like to have heard from everyone. Have fun with it and don't hesitate to ask any questions. Remember that we love you! ♥ This exercise is to hold ourselves accountable for our game to transform the world. Integrity is a must if we are committed to succeed. Pls copy in the questions as you answer so we can see what you are answering.

When the Integrity Assessment of your coachees come in then assess their integrity level. We give people 3 chances. If after 1 week the integrity assessment is not done or does not meet the requirements, then remind them and give them for the last time 1 more week. If, again after one week they do not meet the requirements of the game, then we let them go. Write in the SWP Selection group:

“Dear [name], you have not met the requirements of being in this group. All is well. We do love you, but we are playing a game to transform our world. If you want to re-join this group then work on meeting the requirements. Pls take 48 hours to say what you would like to say to your fellow leaders so you are complete. Then we request you to remove yourself from this group.” Also send this audio recording in the group and as a private msg - <http://www.sustainableworldproject.com/downloadsCompletion%20letting%20go%20leader%20selection%20group.mp3>

If someone had claimed a role and does not honor their declaration, then give them a total of 3 reminders and if you, as their coach, are not enrolled in them as a leader, then also let them go. If you have any doubt then check with your coach.

STEP 2 - INTEGRITY ASSESSMENT AND RESTORATION - In our world everything is connected. When we have an out of integrity in one area, it will spill over into other areas. To be a powerful leader you have to create a life that has good workability in all areas. For those of you who understand this AND are committed to BE a powerful leader, I have made the next self assessment exercise.

For the following areas asses whether you have integrity or not. Answer with “Yes” or “No”. You will be the one who gets to decide whether you say “Yes” or “No”. Release your fear of

judgment as we have a safe and non-judgmental space. Remember that the person we lie to most is ourselves. ;) Go beyond denial and tell the truth. The truth will set you free. No need to be very significant or dramatic on this exercise. It is simply an opportunity to become aware and make a plan for action. Do remember that all change starts on the inside.

I will give different areas. You can add more if you like. I will give you some questions which could help you to answer. Answer with "Yes" or "No"

Home [Do you feel safe and comfortable at home? Is your home nurturing you, charging you?]

Extended Family / Community [Do you experience a nurturing environment in terms of people? Can you say "No" without getting emotional blackmail in return? Do they operate in a context of what works for all or just what works for them?]

Partner [Is there power, love and good communication on a daily base?]

Parents [Is there acceptance, empowerment? Are you sovereign or still doing what your parents tell you to do? Are you emotionally detached?]

Children [Is there power, love and good communication on a daily base? Do you still make time for yourself and your dreams? Do you delegate some of the parenting?]

Friends [Are all issues from the past addressed? Do you feel energized after meeting them?]

Work [Are you pursuing your dream, purpose or passion? Or are you working for money?]

Health [Are you energetic, good stamina, flexible, rarely sick?]

Wealth [Do you have power in the area of money? Are you financially free?]

Self Esteem [Do you feel good about yourself?]

Time [Do you feel you have enough time in life?]

Then pick one area to work on. Say in 2 lines what you perceive as the problem. Say in 2 lines what progress you have made since the last assessment. Extensively brainstorm on this area and share that with us. (recommend to do so in a recording) Then share what breakthrough you will cause.

A BREAKTHROUGH - CREATING SOMETHING COMPLETELY NEW

We are all programmed and often run around in the same circles producing the same results. What new way of being can you create? A being you have never generated before. A new level of courage? A new level of being loving? A new level of being joyful or peaceful?

Then from this way of being what kind of communication can you generate? What can you say that you have NEVER said before? What action can you take that you have never taken before?

We will guide you to cause a breakthrough. Tell us the new way of being, communication and action. Tell us by when you will have made the communication or taken the action. Then at that time share with us the experience, learning and result. Don't forget this. Value yourself!



Under the heading 'OTHER' you can give us any other additional information.

EXAMPLE FOR ME – DO I HAVE INTEGRITY?

Home - NO

Extended Family / Community - YES

Partner - YES

Parents - YES

Children - YES

Friends - YES

Work - NO

Health - YES

Wealth - YES

Self Esteem - YES

Time - YES

AREA PICKED – WORK/HOME

PERCEIVED PROBLEM –

PROGRESS –

EXTENSIVE SHARING

See recording.

THE NEXT BREAKTHROUGH –

OTHER

GUIDANCE

This exercise is just for you. No need for others to react. Others may express love or empathy. I do not want to see unasked feedback, advice, opinion or judgment to one another. Most people just long for their processes being seen (observed), acknowledged and accepted.

Simply sharing this in the group will build a strong relationship between us. Acknowledging what you deal with is a first step towards claiming your power.

Now, if you want feedback, then specifically tell us on which topic you want feedback, ideas or openings for action and from who. [You can say a specific name, or you can say the Primary Continent Leaders, Richard, etc.]



Lets take at least 14 days and engage in this conversation till the end of the month. Have fun, be genuine and cause value for yourself!

STEP 4 - INTEGRITY ASSESSMENT AND RESTORATION - CELEBRATION

Create the celebration of who we are united by asking: "For at least 3 leaders in this group name at least one thing you like." Example: "What I like about Mahoro she is always ready to serve!"

Step 50 – Creating a life long Paid Position

Empower people in the Selection group to reach out to their schools, colleges and universities. Keep yourself active on 4.3 of the Action Pack. See if you can connect an Educational Institute. This will be a game changer!

CORE TEAM

When you have at least 12 months consistently been maintaining your integrity, then we will invite you into the Core Team.